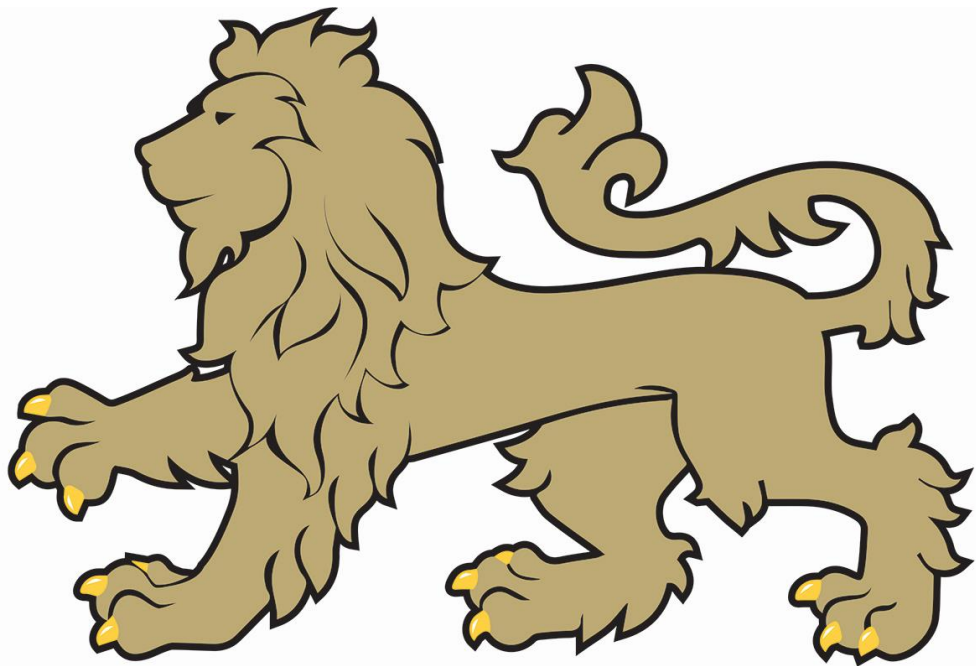


HAMPTON
PRE-PREP & PREP SCHOOL

Leadership for
Independence,
Opportunities to
Nurture



Bronze, Silver & Gold Awards

What is the Leadership for Independence Opportunities to Nurture Scheme?

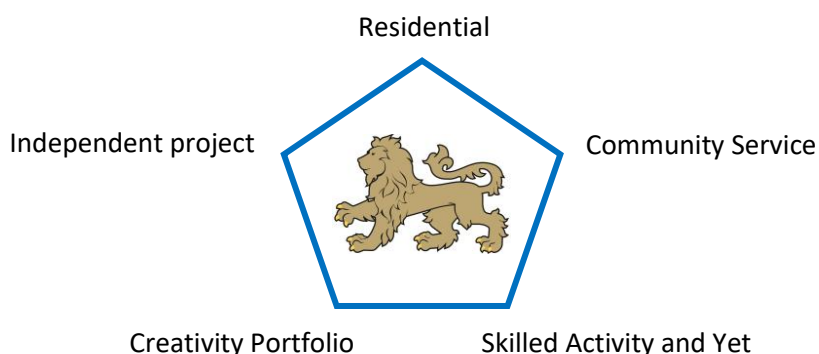
The Hampton Prep Leadership for Independence Opportunities to Nurture Scheme is an exciting programme available to all children in Years 3, 4 and 5 that is specifically designed to give children in the scheme the chance to acquire and develop skills and experiences in different areas.

Three Levels of Award

All pupils will participate in the scheme in Years 3, 4 and 5. There are three levels to the scheme (Year 3 will tackle the Bronze Award, Year 4 Silver Award and Year 5 the Gold Award). The main difference between the levels are the time it will take to complete them, the challenges involved and opportunities available in relation to the age you need to be to take part.

Sections

There are five different sections to the scheme and you achieve your award by completing a personal programme of activities specifically designed by you with help from your parents, teachers and Deputy Head Pastoral. To complete your respective level by the end of the year you will need to make regular contributions to your Log Book, as opposed to trying to complete whole sections in one lump sum.



The Scheme is a great challenge and a superb opportunity for you to develop skills and set personal targets. You have the chance to choose how to structure your award and what activities to get involved in and learn about. Every section you complete allows you to acquire new skills, make new friends, challenge yourself and develop your talents and passions. You will enjoy many new experiences and achieving an award will build your confidence and give you something to talk about when you seek a place at senior school.

Guidance and Support

It is important to note that the key skills that the award scheme is aiming to develop are **Independence, initiative and self-reliance** and the challenge is therefore very much on you to make sure that you identify the activities you want to get involved in, that you spend the allocated time on these activities on a regular basis, that you keep your log book updated and that you take a proactive approach to completing your award in general. Much of the work you will do to complete the scheme will actually take place outside school and therefore you will need your parents' help and support along the way.

Your Champion (any adult at school) will guide and support you through your award and it is with them that you will meet and discuss the design and contents of your personal scheme before embarking on it. They along with, Form and House Tutors as well as the Deputy Head Pastoral will then support and encourage you along the way and monitor how you are getting along and whether you are on target to complete the award.



Bronze, Silver & Gold Awards

What is required to successfully complete each level of the award.

	Bronze - Year 3	Silver - Year 4	Gold – Year 5
Residential	2 nights	4 nights (two consecutively)	6 nights (four consecutively)
Community Service	4 hours	6 hours	8 hours
Skilled Activity & YET!	5 hours each	7 hours each	10 hours each
Creativity Portfolio	4 hours	6 hours	8 hours
Project	Open Homework	Open Homework Independent research project	Open homework Independent research project with presentation

How do I enter the scheme?

All pupil in Years 3, 4 and 5 will start the scheme in September. Your teachers will have an initial discussion with you to encourage, motivate and talk you through the level of commitment needed to achieve an award.

Section 1: Residential

This exciting opportunity to be away from home and school on an over- night trip, working together with your peers in a new environment, challenging your own physical abilities and learning the importance of self-reliance and independence is a hugely beneficial one.

Bronze	2 nights away from home in total	Eg Hooke Court
Silver	4 nights in total, 2 of which have to be consecutive	Eg Ufton Court
Gold	6 nights in total, 4 of which have to be consecutive	Eg PGL

Scout camps, sport tours or other sleepover activities can be included. (i.e. not staying with a close family relative) Please tell your Champion and record the entry in your Log Book.

Our School trips encourage you to be thoughtful, determined, supportive, and act as part of a team. Your Trip Leaders will discuss how you have performed on the trip and whether you have meet the criteria for that award. Comments will then be added to your Log Book.

You will also be expected to reflect on your residential expedition and to complete a section in your log book. Your thoughts might be based upon the following questions: I Liked, I loved, I achieved, I was challenged by, I would change, I learnt and I improved.

Skills Focus: Endurance, Resilience, Leadership and Teamwork

Section 2: Community Service

This section involves you volunteering in school and being involved in charity work. The Gold Award also requires you to volunteer in the local community and give your time to help others. Service is a key part of the **Leadership for Independence, Opportunities to Nurture Scheme** as it gives you the opportunity to become a contributing citizen and use your energies, hard work and skills to give service to others or the community. Becoming a school monitor, librarian, School Council representative or a Junior Safety Officer are also good ways to demonstrate commitment, support your community and develop leadership skills. You may choose to spend time cutting an elderly neighbour's grass, picking up litter, walk or care for a pet, help in a care home, reading to a brother or sister, playing music for your community, fundraising for charity, clear the snow, or raise awareness about a cause that matters to you or even read or write stories to children in our Kindergarten. Whatever you choose to do, you will need to think creatively about how you can help or be of service to others. You can discuss ideas for this with your Champion and friends but you will need also gain the support of your parents as it is most likely that you will need to complete your "Service" outside school and probably during the holidays.

Bronze	4+ hours	A school based activity
Silver	6+ hours	A school based activity and a school community idea
Gold	8+ hours	A school based activity and an independent community based idea

Skills Focus: Empathy, Community, Mindfulness

Section 3: Skilled Activity & YET!

The Skilled Activity and YET! sections are all about having the chance to develop skills that you can use long after you leave Hampton Prep. To complete this section you must complete both areas.

- Skilled Activity - spend time improving an activity or interest that you already have and
- YET! – spend time learning a skill or in an activity that you have not previously attempted.

To achieve the award in both Skilled and YET sections you may must choose an activity that interests you and then show a regular commitment to it. You will need to get your log book initialled and dated by an adult involved in overseeing the activity to show that you have accrued the amount of time needed to meet the conditions for your level.

You need to achieve the time for both the Skilled and YET! sections

Bronze	5 hours each	Skilled and YET!
Silver	7 hours each	Skilled and YET!
Gold	10 hours each	Skilled and YET!

Below is a list of ideas you might like to consider in either section but there are hundreds of other options you could consider. Speak to your Parents and Champion so you can agree a skilled activity and YET challenge that would suit you and how you are going to go about accruing the hours needed for the award.

Skilled Activity and YET! ideas

All School Co-Curricular Clubs or organised clubs outside of school qualify as well.

Animals	Music	Sports/Games/Collecting
Aquarium Keeping	Composing	Chess
Bird Watching	Church Choir	Cycling
Equestrianism	Music Clubs	Fishing
Farming	Playing an instrument	Skiing
Keeping pets	Playing in a band or orchestra	Model Making
		Coin Collecting
Creative Arts	Nature	Stamps
Home Baking	Conservation	Genealogy
Craft, DT or Art Clubs	Gardening	Yoga
Cookery Club	Allotments	
DIY	Vegetable / Plant Growing	Sport (outside school)
Jewellery Making		School (club)
Photography	Performing Arts	
Woodwork	Acting	Science/Technology
Sewing/Knitting	Singing	Biology
Animation and film making	Journalism	Botany
		Chemistry
Public Speaking		Electronics
Weekend Theatre Group		Website Design
Dance Club		Vlog, Blogs and Podcasts

Skills Focus: Self-discipline, Commitment, Expertise, Challenge

Section 4: Creativity Portfolio

The Creativity portfolio part of the scheme is specifically designed to give you the chance to hone and develop independent research and creative skills in several different areas. Creativity is not just about being good at Art. You can think of creativity in its widest sense as producing a portfolio of work or ideas that are original. It may be a series of short films, stories for a specific audience, sketches and drawings on a particular theme, a selection of pieces for an instrument that you have learnt and perfected, a number of dance or gymnastics routines that you have designed and mastered, a play that you have written, some scientific experiments that have led you to new discoveries or a design & technology project. This is a broad category to give you as much free rein as possible, but, either way, you will need to show evidence that your portfolio has been carefully designed and thought through, and that you have spent a certain amount of time putting it together.

Bronze	4 hours each	The only limit
Silver	6 hours each	is
Gold	8 hours each	your imagination

Bronze Award - 4 hours

Silver Award - 6 hours

Gold Award - 8 hours

Category ideas – there are many more than these – let your imagination run free

English	creative writing, poetry
Drama	acting, staging, scenery painting
Art	painting, drawing, ceramics
Music	singing, orchestra, band, performance
Dance	designing routines, performing
Design Technology	project based work
Science	designing or conducting experiments
ICT	Films, power-point, blogs, podcasts etc
Sport	Gymnastic or dance routines, scooter or bike skills, martial arts disciplines

Skills Focus: Self-expression, Creativity, Confidence

Section 5: Project

The Project section is a chance for you to demonstrate your ability to work independently. Successful completion of Open Homework is all part of the scheme. Open Homework is set by the School in the Autumn term and it will be explained by your Form Teachers.

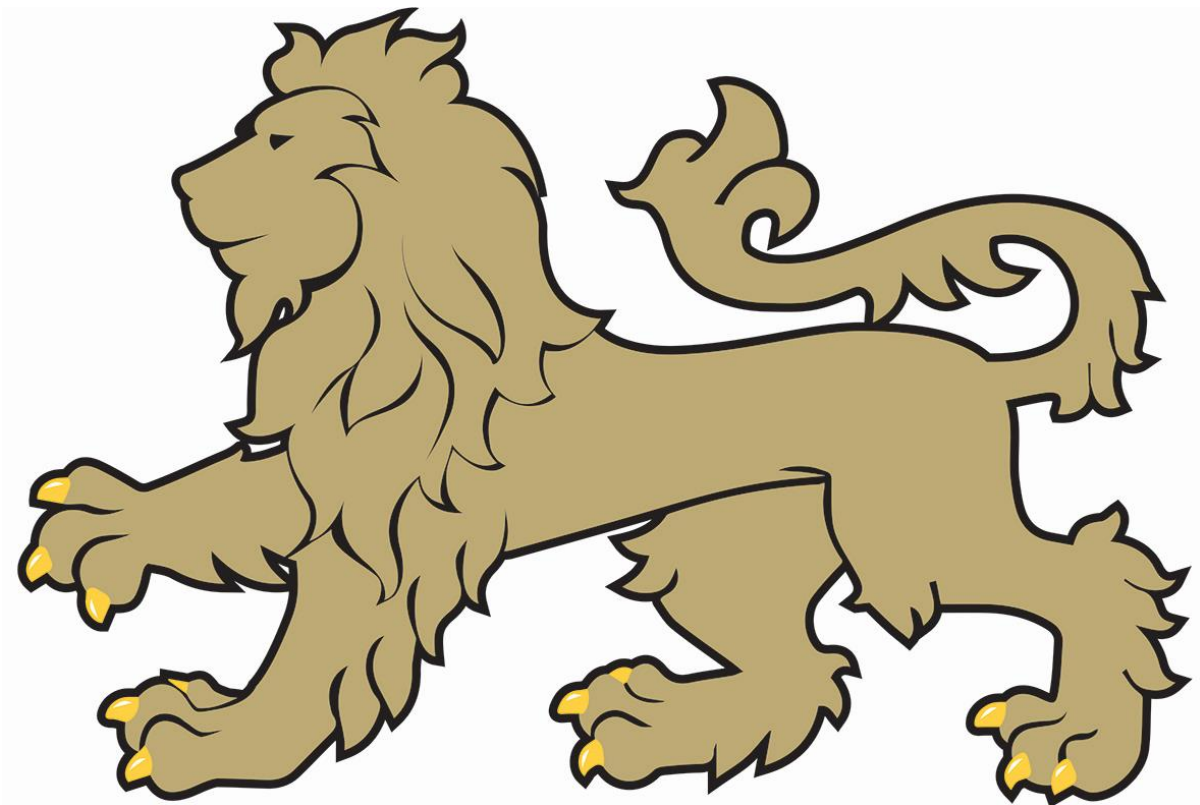
To successfully complete the Bronze Award you must complete your Open Homework task. To successfully complete the section for Silver you must also produce a piece of research or writing on any subject of your choice. To complete the Gold Award you must also make it into an interesting talk for your peer group. The talk needs to be between 2 to 5 minutes and provide an opportunity for a question and answer session at the end.

You might choose to talk about your family tree, any interests or hobbies you have, the new skill you are trying to learn. You could research a humanities project such as weather condition, local traffic or other environmental issues. You could investigate topics such as the War of the Roses, significant leaders, major battles, important inventions or development in medicines, democracy, tribes or any music, film or art genres. It could even be related to a place where you are going on holiday. The range of topics is only restricted by your imagination.

Bronze	Open Homework	–
Silver	Open Homework	Self –led independent research project
Gold	Open Homework	Self –led independent research project and presentation

Skills Focus: Research, Presentation, Organisation

***Leadership for
Independence
Opportunities to
Nurture***



**Year 3: Bronze Award
Record of Achievement**

RESIDENTIAL LOG, ASSESSMENT and REFLECTION (1)

Location of Residential trip:

Dates of Residential trip:

Staff on trip:

RESIDENTIAL ASSESSMENT (Tick relevant box)

	Limited	Fair	Good	Very Good	Excellent
	1	2	3	4	5
How well did the pupil cope with the demands of the trip?					
What level of team-working skills did the pupil exhibit on the trip?					
What kind of leadership skills did the pupil show during the trip?					
<u>In Summary</u> , how well did the pupil perform on the trip?					

Trip Leader comments:

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Signed by Trip Leader:

Pupil's reflections on the expedition (1) – use the questions below to help you.
(I liked, I loved, I achieved, I was challenged by, I would change, I learnt, I improved)

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Other overnight or residential experiences

Trip/ Event	Dates	Signed

COMMUNITY SERVICE LOG and SELF ASSESSMENT
(to be completed by the adult overseeing the activity)

Type of Community Service:

Service Observer:

Dates of service:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Pupil's reflections on their service - use the questions below to help you
What did I do? How did I feel? How did it help? What have I gained from my experience?

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SKILLED ACTIVITY LOG and SELF ASSESSMENT

(to be completed by an adult involved)

Location / type of skill developed:

Skill Observer:

Dates of training:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Pupil’s reflections on their skill development - use the questions below to help you
What did I do? How did I feel? How have I improved? What have I gained from my commitment?

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YET! ACTIVITY LOG and SELF ASSESSMENT

Location / type of skill developed:

Skill Observer:

Dates of training:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Pupil's reflections on their skill development - use the questions below to help you
What did I do? How did I feel? How have I improved? What have I gained from my commitment?

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CREATIVITY LOG – This is to be completed individually.

Please provide evidence that demonstrates your work. It could be a series of photographs, a link to a film, a presentation or performance to the class or a teacher. A programme of an event you participated in.

Area of Creativity

I have created a

I presented it or showed it to **Date**.....

Staff or other adult’s signature

Please add your thoughts below. (You might want to include the following; What inspired my topic? What were the challenges? How did I overcome them? What did I enjoy? Would I change anything?)

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PROJECT SECTION

Open Homework completed Yes / No

Topic

Date I handed it in

I handed it to

Staff Initial

Please complete the two Success Criteria

Pupil's classmate

What did we learn from the Open Homework?

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What was the WOW part of the Open Homework?

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How could it be improved?

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Author

Why did I choose Open Homework topic?

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What was the best part of my project work?

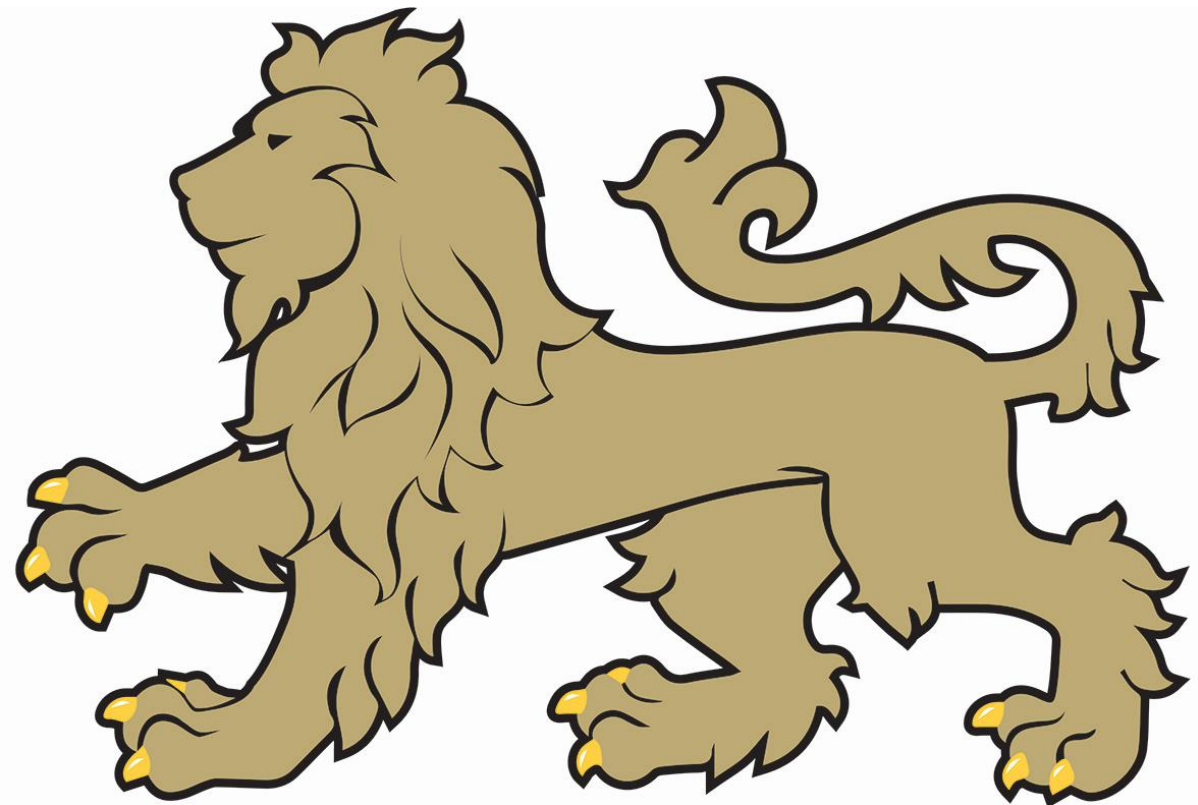
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How will I improve my next project?

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N***u******r******t******u******r******e***



**Year 4: Silver Award
Record of Achievement**

RESIDENTIAL LOG, ASSESSMENT and REFLECTION (1)

Location of Residential trip:

Dates of Residential trip:

Staff on trip:

RESIDENTIAL ASSESSMENT (*Tick relevant box*)

	Limited	Fair	Good	Very Good	Excellent
	1	2	3	4	5
How well did the pupil cope with the demands of the trip?					
What level of team-working skills did the pupil exhibit on the trip?					
What kind of leadership skills did the pupil show during the trip?					
<u>In Summary</u> , how well did the pupil perform on the trip?					

Trip Leader comments:

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Signed by Trip Leader:

Other overnight or residential experiences

Trip/ Event	Dates	Signed

RESIDENTIAL LOG, ASSESSMENT and REFLECTION (2)

(to be completed by Trip Leader)

Location of Residential trip:

Dates of Residential trip:

Staff on trip:

RESIDENTIAL ASSESSMENT *(Tick relevant box)*

	Limited	Fair	Good	Very Good	Excellent
	1	2	3	4	5
How well did the pupil cope with the demands of the trip?					
What level of team-working skills did the pupil exhibit on the trip?					
What kind of leadership skills did the pupil show during the trip?					
In Summary, how well did the pupil perform on the trip?					

Trip Leader comments:

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Signed by Host or trip leader:

COMMUNITY SERVICE LOG AND ASSESSMENT
(to be completed by the adult overseeing the activity)

Type of Community Service:

Service Observer:

Dates of service:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Types of Leadership Opportunities:

Service Observer:

Pupil's reflections on their service - use the questions below to help you
What did I do? How did I feel? How did it help? What have I gained from my experience?

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CREATIVITY LOG

Area of Creativity

I have created a

I presented it or showed it to **Date**

Staff or other adults signature

**Please add your thoughts below. (You might want to include the following; What inspired my topic?
What were the challenges? How did I overcome them? What did I enjoy?
Would I change anything?)**

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PROJECT SECTION

Open Homework completed Yes / No

IRP Topic

Date Completed

I handed it to

Staff Initial

Please complete the two Success Criteria

Pupil's classmate

What did we learn from the project?

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What was the WOW part of the project?

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How could he improve the project?

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Author

Why did I choose my project topic?

.....

What was the best part of my project work?

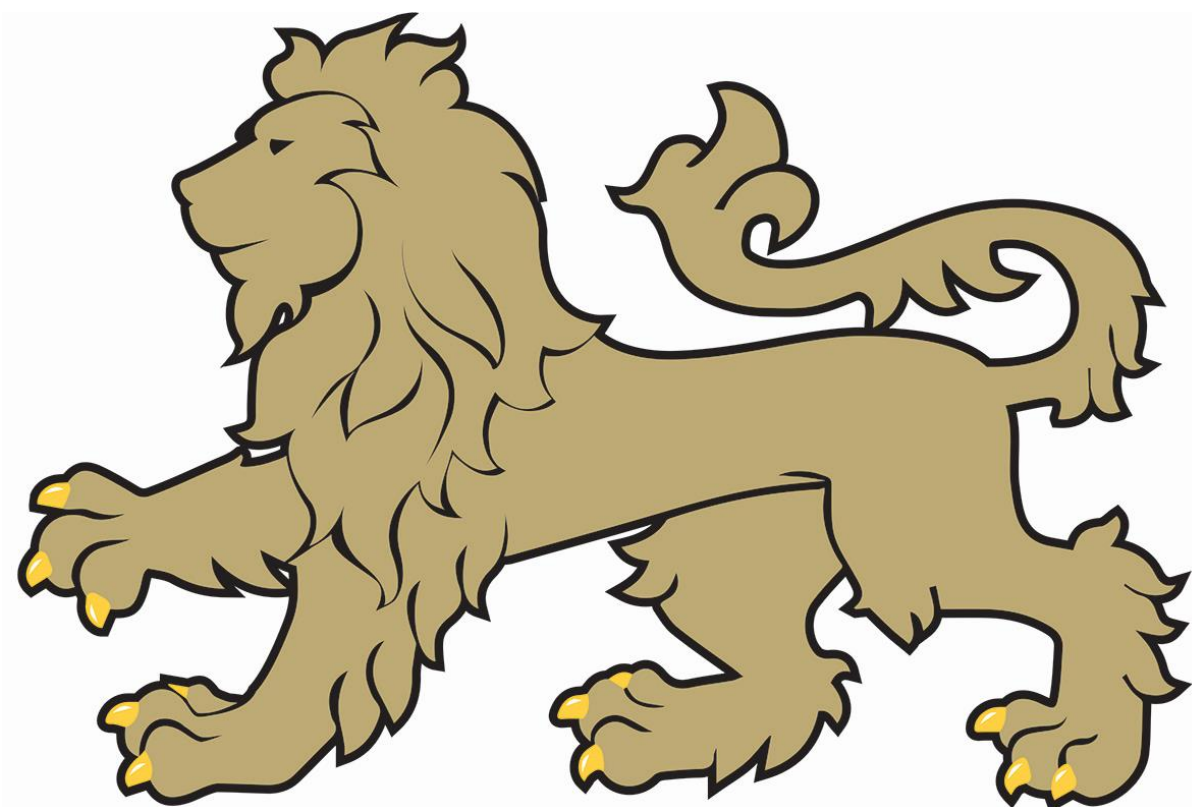
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How will I improve my next project?

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***Leadership for
Independence,
Opportunities to
Nurture***



**Year 5: Gold Award
Record of Achievement**

RESIDENTIAL LOG, ASSESSMENT and REFLECTION (1)

(to be completed by Trip Leader)

Location of Residential trip:

Dates of Residential trip:

Staff on trip:

RESIDENTIAL ASSESSMENT (Tick relevant box)

	Limited	Fair	Good	Very Good	Excellent
	1	2	3	4	5
How well did the pupil cope with the demands of the trip?					
What level of team-working skills did the pupil exhibit on the trip?					
What kind of leadership skills did the pupil show during the trip?					
<u>In Summary</u> , how well did the pupil perform on the trip?					

Trip Leader comments:

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Signed by Trip Leader:

**Pupil's reflections on the expedition (1) – use the questions below to help you.
(I Liked, I loved, I achieved, I was challenged by, I would change, I learnt, I improved)**

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Other overnight or residential experiences

Trip/ Event	Dates	Signed

RESIDENTIAL LOG AND ASSESSMENT (2)

(to be completed by Trip Leader)

Location of Residential trip:

Dates of Residential trip:

Staff on trip:

RESIDENTIAL ASSESSMENT *(Tick relevant box)*

	Limited	Fair	Good	Very Good	Excellent
	1	2	3	4	5
How well did the pupil cope with the demands of the trip?					
What level of team-working skills did the pupil exhibit on the trip?					
What kind of leadership skills did the pupil show during the trip?					
<u>In Summary</u> , how well did the pupil perform on the trip?					

Trip Leader comments:

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Signed by Host or trip leader:

**Pupil's reflections on the expedition (2) – use the questions below to help you.
(I Liked, I loved, I achieved, I was challenged by, I would change, I learnt, I improved)**

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COMMUNITY SERVICE LOG and SELF ASSESSMENT
(to be completed by the adult overseeing the activity)

Type of Community Service:

Service Observer:

Dates of service:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Types of Leadership Opportunities:

Service Observer:

Pupil's reflections on their service - use the questions below to help you
What did I do? How did I feel? How did it help? What have I gained from my experience?

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SKILLED ACTIVITY LOG AND ASSESSMENT

(to be completed by an adult involved)

Location / type of skill developed:

Skill Observer:

Dates of training:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Pupil's reflections on their skill development - use the questions below to help you
What did I do? How did I feel? How have I improved? What have I gained from my commitment?

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YET! ACTIVITY LOG and SELF ASSESSMENT

(to be completed by an adult involved)

Location / type of skill developed:

Skill Observer:

Dates of training:	Time in Service	Signed (Initials)	Dates of service:	Time in Service	Signed (Initials)

Pupil's reflections on their skill development - use the questions below to help you

What did I do? How did I feel? How have I improved? What have I gained from my commitment?

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CREATIVITY LOG

Area of Creativity

I have created a

I presented it or showed it to **Date**

Staff or other adults signature

**Please add your thoughts below. (You might want to include the following; What inspired my topic?
What were the challenges? How did I overcome them? What did I enjoy?
Would I change anything?)**

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PROJECT SECTION

Open Homework Completed Yes / No

IRP Topic

Date Presented

I presented it to

Staff Initial

Please complete the two Success Criteria

Pupil's classmate

What did we learn from the presentation?

.....

What was the WOW part of the presentation?

.....

How could he improve the presentation?

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Presenter

Why did I choose my project topic?

.....

How did I feel before making the presentation?

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What was the best part of my project work?

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How will I improve my next presentation and display?

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