



WEEKLY LUNCH MENU



MONDAY

MAINS Spanish chicken with peppers and white beans Valencian "meat free chorizo" paella
SIDES Paprika potatoes with brava sauce Roasted courgettes Green beans
DESSERTS Apple and vanilla crumble with custard Yoghurt and fresh fruit

TUESDAY

MAINS Beef bolognaise Four cheese ravioli
SIDES Penne pasta Garlic bread Sweetcorn Mixed greens
DESSERTS Sticky toffee pudding and banana sponge Yoghurt and fresh fruit

WEDNESDAY

MAINS Chipotle and lime pork with sticky peppers Mexican spiced cauliflower
SIDES Steamed rice Tortilla wrap Roasted carrots and broccoli Garlic mayo
DESSERTS Fruit salad Yoghurt and fresh fruit

THURSDAY

MAINS Roast chicken breast with herbs Potato, cheese and onion Galette
SIDES Roasted new potatoes Root Vegetable Savoy cabbage Yorkshire pudding Gravy
DESSERTS Lemon drizzle sponge with curd Yoghurt and fresh fruit

FRIDAY

MAINS Pork sausage rolls Vegetarian sausage rolls
SIDES Chips Peas Baked beans
DESSERTS Chocolate flapjack Yoghurt and fresh fruit

Soup of the day, a selection of hand made breads and a pasta & jacket potato bar also available daily!



WEEKLY LUNCH MENU



MONDAY

MAINS

Chicken Tikka
Paneer masala

SIDES

Steamed Rice
Butternut and lentil dhal
Masala steamed greens

DESSERTS

Apple and fruit crumble with custard
Yoghurt & Fresh Fruit

TUESDAY

MAINS

Bacon Macaroni Cheese
"Veggie sausage" Mac 'n Cheese

SIDES

Cajun potato wedges
Crispi hispi
Roasted carrots

DESSERTS

Rice pudding with jam
Yoghurt & Fresh Fruit

WEDNESDAY

MAINS

Italian chicken stew PP
Italian sausage stew PREP
Vegetarian cannellini bean and tomato stew

SIDES

Mashed potato
Roasted Mediterranean vegetables
Green beans

DESSERTS

Fruit Jellies
Yoghurt & Fresh Fruit

THURSDAY

MAINS

Mexican Beef Chilli
Plant based beef and lentil burrito

SIDES

Mexican Rice
Tortilla Chips
Sweetcorn
Garlic greens
Sour cream and chives

DESSERTS

Oreo cheesecake
Yoghurt & Fresh Fruit

FRIDAY

MAINS

Breaded chicken burger with mayo
Onion bhaji burger with mango mayo

SIDES

Chips
Baked Beans
Garden Peas

DESSERTS

Selection of Ice Creams
Yoghurt & Fresh Fruit



WEEKLY LUNCH MENU



MONDAY

MAINS

Katsu chicken
Aubergine Katsu

SIDES

Katsu sauce
Rice
Curried parsnips
Asian greens

DESSERTS

Honey and vanilla sponge with honeycomb
Yoghurt and fresh fruit

TUESDAY

MAINS

PRE PREP - Chicken breast or quorn fillet
PREP SCHOOL - Pork Sausages & vegan sausage

SIDES

Mashed potatoes
Roasted root veg
Peas

DESSERTS

White chocolate and raspberry blondie
Yoghurt and fresh fruit

WEDNESDAY

MAINS

Chicken noodle stir fry
Tofu and vermicelli noodle stir fry

SIDES

Roasted Chinese cabbage
Sticky carrots
Prawn crackers

DESSERTS

Jam sponge with custard
Yoghurt and fresh fruit

THURSDAY

MAINS

Pork meatballs in tomato sauce
Mexican tortilla smokey veg bake

SIDES

Rice
Sweetcorn
Garlic green beans

DESSERTS

Triple layer chocolate fudge cake
Yoghurt and fresh fruit

FRIDAY

MAINS

Battered fish
Quorn dippers

SIDES

Chips
Garden Peas
Baked beans
Ketchup

DESSERTS

Chocolate Cookies
Yoghurt and fresh fruit

Some dishes are subject to change due to product availability