



WEEKLY LUNCH MENU



MONDAY

MAINS Spanish chicken with peppers and white beans Valencian "meat free chorizo" paella
SIDES Paprika potatoes with brava sauce Roasted courgettes Green beans
DESSERTS Apple and vanilla crumble with custard Yoghurt and fresh fruit

TUESDAY

MAINS Beef bolognaise Four cheese ravioli
SIDES Penne pasta Garlic bread Sweetcorn Mixed greens
DESSERTS Sticky toffee pudding and banana sponge Yoghurt and fresh fruit fruit

WEDNESDAY

MAINS Char Siu pork stew Sweet and sour tofu
SIDES Steamed rice Chinese greens 5 spice sticky carrots
DESSERTS Fruit salad Yoghurt and fresh fruit

THURSDAY

MAINS Roast chicken breast with herbs Potato, cheese and onion Galette
SIDES Roasted new potatoes Root Vegetable Savoy cabbage Yorkshire pudding Gravy
DESSERTS Lemon drizzle sponge with curd Yoghurt and fresh fruit

FRIDAY

MAINS Filled baguettes - ham, cheese on tuna mayo
SIDES Chips Peas Baked beans
DESSERTS Chocolate flapjack Yoghurt and fresh fruit

Soup of the day, a selection of hand made breads and a pasta & jacket potato bar also available daily!



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MONDAY

MAINS

Mild Thai Chicken curry
Thai yellow tofu curry

SIDES

Steamed Rice
Butternut and lentil dhal
Masala steamed greens

DESSERTS

Apple and fruit crumble with custard
Yoghurt & Fresh Fruit

TUESDAY

MAINS

Bacon Macaroni Cheese
"Veggie sausage" Mac 'n Cheese

SIDES

Cajun potato wedges
Crispi hispi
Roasted carrots

DESSERTS

Rice pudding with jam
Yoghurt & Fresh Fruit

WEDNESDAY

MAINS

Italian chicken stew PP
Italian sausage stew PREP
Vegetarian cannellini bean and tomato stew

SIDES

Mashed potato
Roasted Mediterranean vegetables
Green beans

DESSERTS

Fruit Jellies
Yoghurt & Fresh Fruit

THURSDAY

MAINS

Mexican Beef Chilli
Plant based beef and lentil burrito

SIDES

Mexican Rice
Tortilla Chips
Sweetcorn
Garlic greens
Sour cream and chives

DESSERTS

Oreo cheesecake
Yoghurt & Fresh Fruit

FRIDAY

MAINS

Breaded chicken burger with mayo
Onion bhaji burger with mango mayo

SIDES

Chips
Baked Beans
Garden Peas

DESSERTS

Selection of Ice Creams
Yoghurt & Fresh Fruit



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MONDAY

MAINS Katsu chicken Aubergine Katsu
SIDES Katsu sauce Rice Curried parsnips Asian greens
DESSERTS Apple and pear crumble with custard Yoghurt and fresh fruit

TUESDAY

MAINS PRE PREP - Chicken breast or quorn fillet PREP SCHOOL - Pork Sausages & vegan sausage
SIDES Mashed potatoes Roasted root veg Peas
DESSERTS White chocolate and raspberry blondie Yoghurt and fresh fruit

WEDNESDAY

MAINS Chicken noodle stir fry Tofu and vermicelli noodle stir fry
SIDES Roasted Chinese cabbage Sticky carrots Prawn crackers
DESSERTS Jam sponge with custard Yoghurt and fresh fruit

THURSDAY

MAINS Pork meatballs in tomato sauce Mexican tortilla smokey veg bake
SIDES Rice Sweetcorn Garlic green beans
DESSERTS Triple layer chocolate fudge cake Yoghurt and fresh fruit

FRIDAY

MAINS Battered fish Quorn dippers
SIDES Chips Garden Peas Baked beans Ketchup
DESSERTS Chocolate Cookies Yoghurt and fresh fruit

Some dishes are subject to change due to product availability