



# WEEKLY LUNCH MENU

WEEK  
ONE

## MONDAY

### MAINS

Herby tomato chicken

Tomato and white bean stew

### SIDES

Rice

Sweetcorn

steamed broccoli

### DESSERTS

Apple and cinnamon crumble with custard

Yoghurt and fresh fruit

## TUESDAY

### MAINS

Venison ragu

Kale and pesto pasta

### SIDES

Penne pasta

Garlic bread

Carrots

Green beans

### DESSERTS

Basque cheese cake

Yoghurt and fresh fruit

## WEDNESDAY

### MAINS

Stir fried pork noodles with  
Yum Yum sauce

Stir fried tofu noodles with  
Yum Yum sauce

### SIDES

Mixed vegetables

Chinese cabbage and bean  
sprouts

### DESSERTS

Fruit salad

Yoghurt and fresh fruit

## THURSDAY

### MAINS

Paprika and lime chicken

Blackened cajun quorn fillets  
with leeks

### SIDES

Rice

Cajun vegetables

Corn on the cob

### DESSERTS

Sticky toffee pudding

Yoghurt and fresh fruit

## FRIDAY

### MAINS

Filled baguettes - ham,  
cheese on tuna mayo

### SIDES

Chips

Peas

Baked beans

### DESSERTS

Banoffee pie

Yoghurt and fresh fruit

Some dishes are subject to change due to product availability



# WEEKLY LUNCH MENU

WEEK  
TWO

## MONDAY

### MAINS

Mild Chicken Peralan curry

Indian Paneer curry

### SIDES

Steamed Rice

Cauliflower and sweet potato  
masala

Peas

### DESSERTS

Apple and blackberry crumble with  
custard

Yoghurt & Fresh Fruit

## TUESDAY

### MAINS

Bacon Macaroni Cheese

"Veggie sausage" Mac 'n  
Cheese

### SIDES

Cajun potato wedges

Kale and sundried tomato

Roasted carrots

### DESSERTS

Chocolate fudge brownie

Yoghurt & Fresh Fruit

## WEDNESDAY

### MAINS

Chicken with gravy PRE  
PREP

Pork Sausages PREP

Vegan sausages PREP

### SIDES

Mashed potato

Roasted Mediterranean vegetables

Peas

### DESSERTS

Fruit Jellies

Yoghurt & Fresh Fruit

## THURSDAY

### MAINS

Mexican Beef Chilli

Plant based beef and lentil  
burrito

### SIDES

Rice

Tortilla Chips

Sweetcorn

Garlic greens

Sour cream and chives

### DESSERTS

Chocolate sponge cake

Yoghurt & Fresh Fruit

## FRIDAY

### MAINS

Breaded chicken burger with  
mayo

Vegan buttermilk quorn  
burger

### SIDES

Chips

Baked Beans

Garden Peas

### DESSERTS

Selection of Ice Creams

Yoghurt & Fresh Fruit

Some dishes are subject to change due to product availability



# WEEKLY LUNCH MENU

WEEK  
THREE

## MONDAY

### MAINS

Katsu chicken  
Tofu Katsu bites

### SIDES

Katsu sauce  
Rice  
Curried parsnips  
Asian greens

### DESSERTS

Apple and pear crumble with custard  
Yoghurt and fresh fruit

## TUESDAY

### MAINS

PRE PREP - Chicken in tomato and basil sauce  
PREP SCHOOL - Pork Sausages & vegan sausage casserole

### SIDES

Penne Pasta  
Root veg  
Sweetcorn

### DESSERTS

Orange and Hampton Honey cake  
Yoghurt and fresh fruit

## WEDNESDAY

### MAINS

Chicken Tagine  
Butternut squash Tagine

### SIDES

Rice or Cous Cous  
Vegetable medley  
Aubergine and tomato

### DESSERTS

Lemon meringue delight  
Yoghurt and fresh fruit

## THURSDAY

### MAINS

Beef Cottage Pie  
Roasted vegetable crumble

### SIDES

Mashed potato  
Courgettes  
Carrot and swede

### DESSERTS

Vanilla rice pudding with jam  
Yoghurt and fresh fruit

## FRIDAY

### MAINS

Battered fish  
Quorn dippers

### SIDES

Chips  
Garden Peas  
Baked beans  
Ketchup

### DESSERTS

Jam doughnuts  
Yoghurt and fresh fruit

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